

# OCTOBER 2022

## Ponce de Leon High School

### LUNCH



**SERVED DAILY: MILK, FRUIT, AND  
CONDIMENTS AS NEEDED. MENU SUBJECT  
TO CHANGE.**



**October is National Apple Month.** Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



### MONDAY

Slow Cooked BBQ on Haystack  
Wild West Coleslaw  
BBQ Wood Chips  
Chew Sticks w/ Ranch

3

### TUESDAY

Wagon Wheels on Haystack  
Gold Nuggets  
Fixings  
Gitty Up Fruit, Carton Cow

4

### WEDNESDAY

Ma's Homemade Noodles  
Farm Fresh Chicken Feed  
Cowboy Roll  
Gitty up Fruit, Carton Cow

5

### THURSDAY

Wild West Hot Dog  
Rootin' Tootin' Beans  
Wood Chips  
Gitty Up Fruit  
Carton Cow

6

### FRIDAY

NO SCHOOL

7

Rad Tex Mex Pasta  
Dig It Corn  
Groovy Breadstick  
Cowabunga Milk  
Gnarly Fruit

10

Cool Dude Ham & Cheese Sandwich  
Far Out Fries  
Flower Power Let./Tomato

11

Rock and Roll Burrito  
Peace Black Beans  
Mellow Corn  
Cowabunga Milk  
Gnarly Fruit

12

Good Vibes Korean Chicken  
Right on Fried Rice  
Outta Sight Green Beans

13

Aww Sooky, Sooky Meatball Sub  
Funky Fresh Chips  
Hip Carrots

14

Ham & Cheese Calzone  
Steamed Green Beans  
Side Salad  
Pudding

17

Chicken Sandwich  
French Fries  
Lettuce

18

Taco Salad  
Doritos  
Lettuce  
Cookie

19

Chicken Noodle  
Peas & carrots  
Dinner Roll

20

Mini Corn Dog  
Mac & Cheese  
Baked Beans

21

Saucy Chicken  
Chips  
Baked Beans  
Celery w/ Ranch

24

Hot Dog  
French Fries  
Carrots w/ Ranch

25

Chicken Fried Rice  
Steamed Green Beans  
Side Salad

26

PBNJ w/ Cheese Stick  
Chips  
Broccoli

27

**National Chocolate Day**  
NO SCHOOL

28

**Halloween**  
NO SCHOOL

31

